Legal Spin: Get Lit

by John Duggan

RCW 46.61.780(1) states as follows: "Every bicycle when in use during the hours of darkness as defined in RCW 46.37.020 shall be equipped with a lamp on the front which shall emit a white light visible from a distance of at least five hundred feet to the front and with a red reflector on the rear of a type approved by the state patrol which shall be visible from all distances up to five hundred feet to the rear when directly in front of lawful lower beams of head lamps on a motor vehicle. A lamp emitting a red light visible from a distance of five hundred feet to the rear may be used in addition to the red reflector. A light-emitting diode flashing taillight visible from a distance of five hundred feet to the rear may also be used in addition to the red reflector."

RCW 46.37.020 defines "hours of darkness" as "a half hour after sunset to a half hour before sunrise."

Because the statute states "every bicycle...shall be equipped with a lamp" a helmet mounted light alone would not comply with a strict interpretation of the statute. Furthermore, a red flashing taillight alone may not strictly comply with the statute either.

Based on the wording of the statute, it appears that the primary purpose of requiring bicycle lights is so that motor vehicles can see you, not necessarily so that you can see. Although the statute only requires that bicycle lights be used during the statutorily defined hours of darkness, "being seen" is just as important during the day as it is at night.

I have investigated more than 100 bike/car incidents in the Greater Seattle area. The common thread in nearly every one of these incidents is that the car driver was not aware of the cyclist until it was too late and often not until the moment of impact. The most common accident involves a left turning car driver who simply does not see the oncoming cyclist.

Awareness is the key. Cyclists simply do not have the mass or size of a car and are essentially invisible to motorists. Furthermore, there are not enough cyclists on the roads to make an impact. The everyday car driver is not accustomed to seeing cyclists on the road and, therefore, cyclists are not on the driver's radar screen. If a car driver only sees the occasional cyclist, he/she does not have a heightened awareness or an anticipatory thought process - "Before I change lanes, I better look over my shoulder to see if there is a cyclist to my right." Or, "Although there are no cars approaching, I better scan to check for cyclists." Until there is a dramatic increase in the number of cyclists sharing the road with cars, this automatic, reflexive thought process on the part of motor vehicle drivers will not occur.

Besides encouraging everyone we know to commute by bike, what can cyclists do to immediately raise awareness? Buy a strobe and use it as a daytime running light. I have had a small LED strobe on my bike for about a year, but until recently, I only used it at night. Motorcycles are required by statute (RCW 46.37.522) to have their headlamp on during daylight hours and most new cars have headlights that automatically come on when the car is running. The logic is simple. While daytime use of such lights does not help a cyclist or motorcyclist see any better, it dramatically increases the cyclist's visibility to others.

Over the past few years the market has been flooded with an abundance of small, lightweight and inexpensive LED flashers/strobes. CatEye, Performance and NiteRider all sell models ranging from $15 to $30. These lights will run from 100 to 160 hours on two or three AAA batteries. The lights are simple to use and clip onto your handlebars or helmet in seconds.

Using one of these inexpensive LED strobes during the day is the simplest and maybe the most effective thing you can do to increase your visibility during daylight hours.

Ride safely! ☺

John Duggan is an avid cyclist and Seattle attorney who represents injured cyclists. He is a member of the Cascade Bicycle Club, Bicycle Alliance of Washington and the Washington State Trial Lawyers Association. He is also a sponsor and member of the BynoeInventJet City Velo Cycling Team. He can be reached at 206-343-1888 or JohnD@warrenduggan.com.